

SEMESTER VI
GAME OF SPECIALIZATION-I- TEACHING AND COACHING
BSC-PE-DSE-4 (4)-401(iv): CRICKET

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
GAME OF SPECIALIZATION-I- TEACHING AND COACHING BSC-PE-DSE-4 (4)-401(iv): CRICKET	4	2	0	2	Class XII pass	NIL

Learning Objective: - The learner will be able to use the knowledge of Cricket on the ground and will have a command on the basic and advance rules and regulations of marking the ground and conducting a tournament.

Learning Outcomes: After completing the course, the students will be able to:

- Officiate and coach the game/sports
- Officiate in the sports/games
- Identifies Relation of official and coach with management, players and spectators
- Understands Role of Coach as a Mentor, Duties of coach in general, pre, during and postgame
- Understand Philosophy of coaching
- Identifies Responsibilities of a coach on and off the field, Psychology of competition and coaching in athletics
- Fulfill Duties of official in general, pre, during and post game,
- Understand Philosophy of officiating, Mechanics of officiating- position, singles and movement etc., Ethics of officiating in athletics,
- Inculcate Qualities and Qualifications of Coach and Official
- Maintain Integrity and values of sports

THEORY SYLLABUS (30 HOURS)

UNIT- I: Introduction of Officiating and Coaching **(8 HOURS)**

- Concept of officiating and coaching in cricket
- Importance and principles of officiating in cricket
- Relation of official and coach with management, players ,and spectators
- Measures of improving the standards of officiating and coaching

UNIT- II: Coach as a Mentor **(8 HOURS)**

- Duties of a coach in general, pre, during, and post-game.
- Philosophy of Coaching
- Responsibilities of a coach on and off the field
- Psychology of competition and coaching in cricket

UNIT- III: Duties of Official **(7 HOURS)**

- Duties of officials in general, pre, during, and post-game.
- Philosophy of officiating
- Mechanics of officiating- position, singles, and movement, etc.
- Ethics of officiating in cricket

UNIT- IV: Qualities and Qualifications of Coach and Official **(7 HOURS)**

- Qualities and qualifications of coach and official in cricket
- General rules of games and sports
- Eligibility rules of intercollegiate and inter-university tournaments,
- Integrity and values of sports
- Field Marking and Dimension of the game

PRACTICAL (60 HOURS)

1. Prepare a teaching /coaching lesson plan on any two fundamental skills
2. Prepare a teaching /coaching lesson plan on any two advanced skills
3. Demonstration of various attacking and defensive drills

SUGGESTED READINGS

- Amarnath M. (1996). Learn to Play Good Cricket. UBS Publishers New Delhi.
- Boycott, G. (2010). Play Cricket the Right Way. Great Northern Books Limited, U.K.
- Tyagi S., Vanaik A, (2023) The Art and Science of Sports Coaching, (Vol I), Friends Publications (India), ISBN: 978-93-5978-893-7,
- Tyagi S., Vanaik A, (2023) The Art and Science of Sports Coaching, (Vol II), Friends Publications (India), ISBN: 978-93-5978-893-7,

Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.